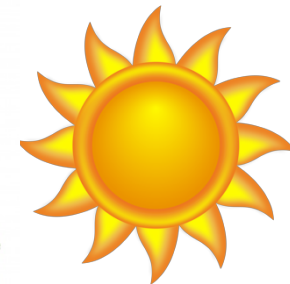


SUMMER MENU 2019

FIRST & PRIMARY SCHOOL

WEEK ONE

7th May - 11th November 2019



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------|---|--|--|--|---|
| Main Course Choices | Option 1 Spaghetti Bolognaise Breaded Salmon Portion Jacket Potato with a Choice of Fillings | Option 1 Roast Beef with Yorkshire Pudding Jacket Potato with a Choice of Fillings | Option 1 Chicken Curry Fish Cakes Jacket Potato with a Choice of Fillings | Option 1 Roast Pork with Yorkshire Pudding Jacket Potato with a Choice of Fillings | Option 1 Fish Fingers French Bread Pizza Jacket Potato with a Choice of Fillings |
| Potatoes Pasta/Rice | Garlic Bread | Creamed Potatoes | Wholegrain Rice | Roast Potatoes | Chips |
| Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables |
| Salad Bowl | Seasonal Salad | Seasonal Salad | Seasonal Salad | Seasonal Salad | Seasonal Salad |
| Starters or Sweets | Fruit Muffin with a Glass of Milk or Juice | Shortbread Biscuit with Milk or Juice | Homemade assorted Fruit Sponge with Custard | Fruit Crumble with Ice Cream | Jelly Sundae |



Fresh Fruit and a selection of Breads are always available daily
Drinking Water is Available Daily on the Dining Room Tables

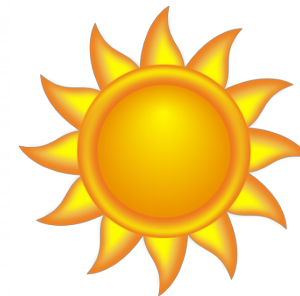
Menus are Subject to Change

SUMMER MENU 2019

FIRST & PRIMARY SCHOOL

WEEK TWO

7th May - 11th November 2019



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------|--|--|--|---|---|
| Main Course Choices | <p>Option 1 Chicken Pasta Bake</p> <p>Fish Cake</p> <p>Jacket Potato with a Choice of Fillings</p> | <p>Option 1 Roast Beef with Yorkshire Pudding</p> <p>Jacket Potato with a Choice of Fillings</p> | <p>Option 1 Mince Cobbler</p> <p>Salmon Bites</p> <p>Jacket Potato with a Choice of Fillings</p> | <p>Option 1 Roast Chicken with Yorkshire Pudding</p> <p>Jacket Potato with a Choice of Fillings</p> | <p>Option 1 Breaded Fish Portion</p> <p>Tomato Pasta</p> <p>Jacket Potato with a Choice of Fillings</p> |
| Potatoes Pasta / Rice | Jacket Potato Wedges | Parsley Potatoes | Creamed Potatoes | Roast Potatoes | Chips |
| Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables |
| Salad Bar | Seasonal Salad | Seasonal Salad | Seasonal Salad | Seasonal Salad | Seasonal Salad |
| Starters or Sweets | Chocolate Brownie with a Glass of Milk or Juice | Fruit Mousse Slice | Fruit and Jelly or Jelly and Ice Cream | Fruit Sponge with Custard | Homemade Biscuit with Juice or Milk |



Fresh Fruit and a selection of Breads are always available daily
Drinking Water is Available Daily on the Dining Room Tables

Menus are Subject to Change

SUMMER MENU 2019

FIRST & PRIMARY SCHOOL

WEEK THREE

7th May - 11th November 2019



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|---|--|---|--|---|
| Main Course Choices | Option 1 Salmon Portion French Bread Pizza Jacket Potato with a Choice of Fillings | Option 1 Roast Turkey with Yorkshire Pudding Jacket Potato with a Choice of Fillings | Option 1 Homemade Beef Lasagne Tuna Melt Jacket Potato with a Choice of Fillings | Option 1 Roast Gammon with Yorkshire Pudding Jacket Potato with a Choice of Fillings | Option 1 Oven Baked Sausage Fish Fingers Jacket Potato with a Choice of Fillings |
| Potatoes Pasta / Rice | Wedges | Creamed Potatoes | Garlic Bread | Roast Potato | Chips |
| Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables | Seasonal Vegetables |
| Salad Bar | Seasonal Salads | Seasonal Salads | Seasonal Salads | Seasonal Salads | Seasonal Salads |
| Starters or Sweets | Cheesecake | Homemade Biscuit with Milk or Juice | Ice Cream Roll or Fruit Salad | Ginger / Lemon Cake with Custard | Fruit Whip |



Fresh Fruit and a selection Breads are always available daily
Drinking Water is Available Daily on the Dining Room Tables

Menus are Subject to Change