Broomhill First School

PSHE Curriculum (Incorporating Relationships Education and Health Education) 2 Yearly Cycle Based on the PSHE Association's Question Based Model

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
KS1 Year A	What is the same and different about us?	What is bullying?	What jobs do people do?	What helps us grow and stay healthy?	Who helps to keep us safe?	What can we do with money?
KS1 Year B	What makes a good friend?	Who is special to us?	What helps us to stay safe?	What helps us stay healthy?	How do we recognise our feelings?	How can we look after each other and the world?
KS2 Year A	What keeps us safe?	How do we treat each other with respect?	What are families like?	What strengths, skills and interests do we have?	Why should we keep active and sleep well?	How will we grow and change?
KS2 Year B	How can we manage risk in different places?	How can we be a good friend?	How can we manage our feelings?	What makes a community?	How can our choices make a difference to others and the environment?	Why should we eat well and look after our teeth?

Further details of each unit will be outlined in half termly class newsletters.